

USER'S PANEL

David Lansky

- Markle Foundation

Mike Stocker

- Empire Blue Cross Blue Shield

Marc Pierson

- Peace Health

Cynthia Solomon

- Access Strategies, Inc.



Connecting Americans to Their Health Care

*Empowered Consumers, Personal Health Records
and Emerging Technologies*

2005

MARKLE FOUNDATION

THE
ROBERT WOOD
JOHNSON
FOUNDATION



User's Panel:

Mike Stocker

Empire Blue Cross Blue Shield



My Health Record Summary

Health Record Summary for John Doe Date of Birth: 04/05/1968 Date of Report: 12/06/2004

Your Personal Health Record (PHR) contains information supplied by you and by BlueCross BlueShield. The categories of information supplied by Empire may vary by your benefit plan (e.g., pharmacy benefits may not be provided by Empire). If you have diagnostic, procedure or other treatment related questions, please contact your provider. If you have payment processing questions, please contact Empire at the back of your identification card.

Personal Information

Personal Information:

Blood Type: AB +
Gender: Male

Contact Information:

Phone: 123-456-7890
Cell Phone: 123-456-7890
Address: 123 1st ST New York, NY 10030

Emergency Contact 1:

Name: Jane Johnson
Relationship: Sister
Phone: 123-456-7890

Emergency Contact 2:

Name: Jane Johnson
Relationship: Sister
Phone: 123-456-7890

Physician Information

Primary Care Physician:

Name: Dr. John Smith
Phone: 123-456-7890
Fax: 123-456-7890
Address: 123 1st ST New York

Insurance Information

Primary Insurer:

Name: Empire Blue Cross PP
Policy #: 123-45-7890
Group ID: WebMD
Phone: 123-456-7890
Address: 123 1st ST New York

Medication Benefits:

Name: Medco Health
Policy #: 123-45-7890
Group ID: WebMD
Phone: 123-456-7890
Address: 123 1st ST New York

The information supplied by Empire may not reflect all claims related information due to any of the following reasons: a benefit is not provided through Empire or a partner participating in supplying PHR data, claims have not been received or posted by Empire, privacy and confidentiality concerns, and the removal/suppression of claim items by the member.



Health Record Summary for John Doe Date of Birth: 04/05/1968 Date of Report: 12/06/2004

Current Conditions

Spinal Stiffness

Date First Diagnosed: 05/20/2003
Provider or Facility: Columbia Presb
Last Updated Date: 05/06/2004
Information Source: Empire Data

Diabetes Mellitus Type 1

Date First Diagnosed: 08/25/1999
Provider or Facility: Dr. John Smith
Last Updated Date: 05/06/2004
Information Source: Empire Data

Hearing Loss

Date First Diagnosed: 04/05/1987
Provider or Facility: Dr. John Smith
Last Updated Date: 05/06/2004
Information Source: Empire Data

Past Conditions

Tennis

Date First Diagnosed: 04/05/1987
Provider or Facility: Dr. John Smith
Last Updated Date: 05/06/2004
Information Source: Empire Data

Current Medications

Paxil 20MG Tablet

Dosage: 1 tablet
Frequency: Every 4 Hours
Reason Taken: Depression
Prescribing Provider: Dr. John Smith
Date First Prescribed: 05/08/04/05
Last Updated Date: 05/06/2004
Information Source: Empire Data

Acupril 20MG Tablet

Dosage: 1 tablet
Frequency: 2 Times a day
Reason Taken: High Blood Pressure
Prescribing Provider: Dr. John Smith
Date First Prescribed: 01/01/2004
Last Updated Date: 05/06/2004
Information Source: Empire Data

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Health Record Summary for John Doe Date of Birth: 04/05/1968 Date of Report: 12/06/2004

Current Medications (Continued)

Acyclovir 400MG Tablet

Dosage: 1 tablet
Frequency: 3 Times a day
Reason Taken: Herpes Simplex Infe
Prescribing Provider: Dr. John Smith
Date First Prescribed: 06/01/2004
Last Updated Date: 05/06/2004
Information Source: Empire Data

Allergies

Cephalosporin

Date Discovered: 03/28/2002
Reaction: Upset Stomach
Severity: Mild
Last Updated Date: 05/06/2004
Information Source: Self-Reported

Ampicillin

Date Discovered: 02/22/2002
Reaction: Upset Stomach
Severity: Mild
Last Updated Date: 05/06/2004
Information Source: Self-Reported

Immunizations

Shingles Vaccine

Date: 02/02/2002
Provider or Facility: Dr. John Smith
Last Updated Date: 05/06/2004
Information Source: Empire Data

Pneumococcal Adult Vaccine (Pneumonia)

Date: 04/05/2004
Provider or Facility: Dr. John Smith
Last Updated Date: 05/06/2004
Information Source: Empire Data

Surgeries

Eyeid Surgery (Lentor palpebrae myect)

Date: 02/02/2004
Provider or Facility: Dr. John Smith
Information Source: Empire Data

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Health Record Summary for John Doe Date of Birth: 04/05/1968 Date of Report: 12/06/2004

Visits

Visit Type: Hospital Visit

Date: 06/16/2004
Discharge Date: 08/18/2004
Provider or Facility: Columbia Presbyterian Hospital
Primary Diagnosis: Broken Hip (Fracture of intertrochanteric section of femur, closed)
Secondary Diagnosis: Bacterial Pneumonia (Pneumonia, Bacterial)
Primary Procedure: Total Hip Replacement (Hip Replacement, Total)
Secondary Procedure: Chest X-Ray (Radiologic examination of chest, two views, frontal and lateral)

Visit Type: Outpatient Visit

Date: 08/16/2004
Provider or Facility: Columbia Presbyterian Hospital
Primary Diagnosis: Pneumococcal Pneumonia (Pneumonia, Pneumococcal)
Secondary Diagnosis: Fluid on the Lungs (Pleurisy with effusion, with mention of a bacterial cause other than tuberculosis)
Primary Procedure: Pleural Fluid Aspiration (Thoracentesis)
Secondary Procedure: Catheterization of vein (Venous catheterization, not elsewhere classified)

Visit Type: Home Care Visit

Date: 08/16/2004
Provider or Facility: Columbia Presbyterian Hospital
Primary Diagnosis: Broken Hip (Fracture of intertrochanteric section of femur, closed)

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My Health Record - Tests

My Health, Powered by WebMD

Empire Member Home Page | Empire Health Line | FAQs

My Health Home | Health A-Z | Assess My Health | Record My Health | Improve My Health

family members settings log out Search

Health Record

Visits | Conditions | Medications | Allergies | Surgeries | Immunizations | Tests | Coverage | Basics

Use Trackers to chart your health measurements over time.

manage my trackers | compare my trackers | Health Record summary | how to

My Trackers

- Blood Pressure
- Cholesterol (Total/LDL/HDL)
- Diet
- Resting Heart Rate
- Weight
- Blood Sugar
- Colorectal Screening
- Prostate Cancer Screening
- Stress

add tests or measurements

Tests and Measurements	Date of Service
Click on an item to edit, delete or view related information.	
Urinalysis with Microscopic Exam	12/11/2004
Magnesium level (8 entries)	12/11/2004
Phosphorus Level Blood Test (8 entries)	12/11/2004
Complete Blood Cell Count (CBC) with Differential (10 entries)	12/11/2004
Blood Lipid Panel (6 entries)	12/11/2004
Cyclosporine measurement (7 entries)	12/11/2004
Urine Culture for Bacteria	12/11/2004
Glycosylated Hemoglobin Level (Hemoglobin A1C) (4 entries)	12/11/2004
EKG with Report (ECG - Electrocardiogram)	11/10/2004
Comprehensive Metabolic Blood Panel (5 entries)	11/09/2004
Visual Field Examination	11/09/2004
Basic Metabolic Blood Panel (2 entries)	10/29/2004
Total Blood Creatinine Phosphokinase (cat Code)	09/11/2004
Serum Total Protein Level	09/11/2004

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Marc Pierson

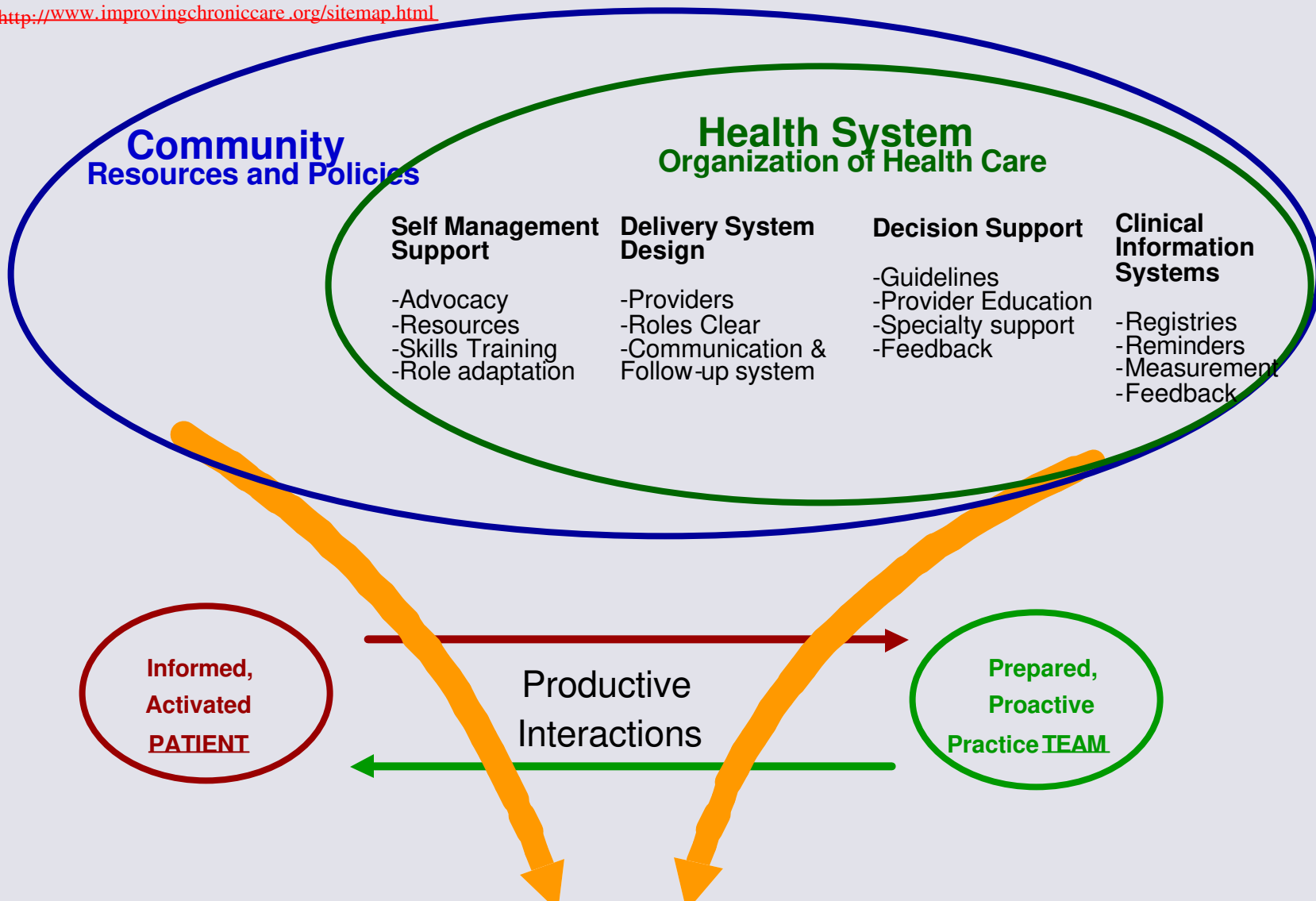
Peace Health



Overview of the Chronic Care Model

Robert Wood Johnson Foundation/Sandy MacColl Institute

<http://www.improvingchroniccare.org/sitemap.html>

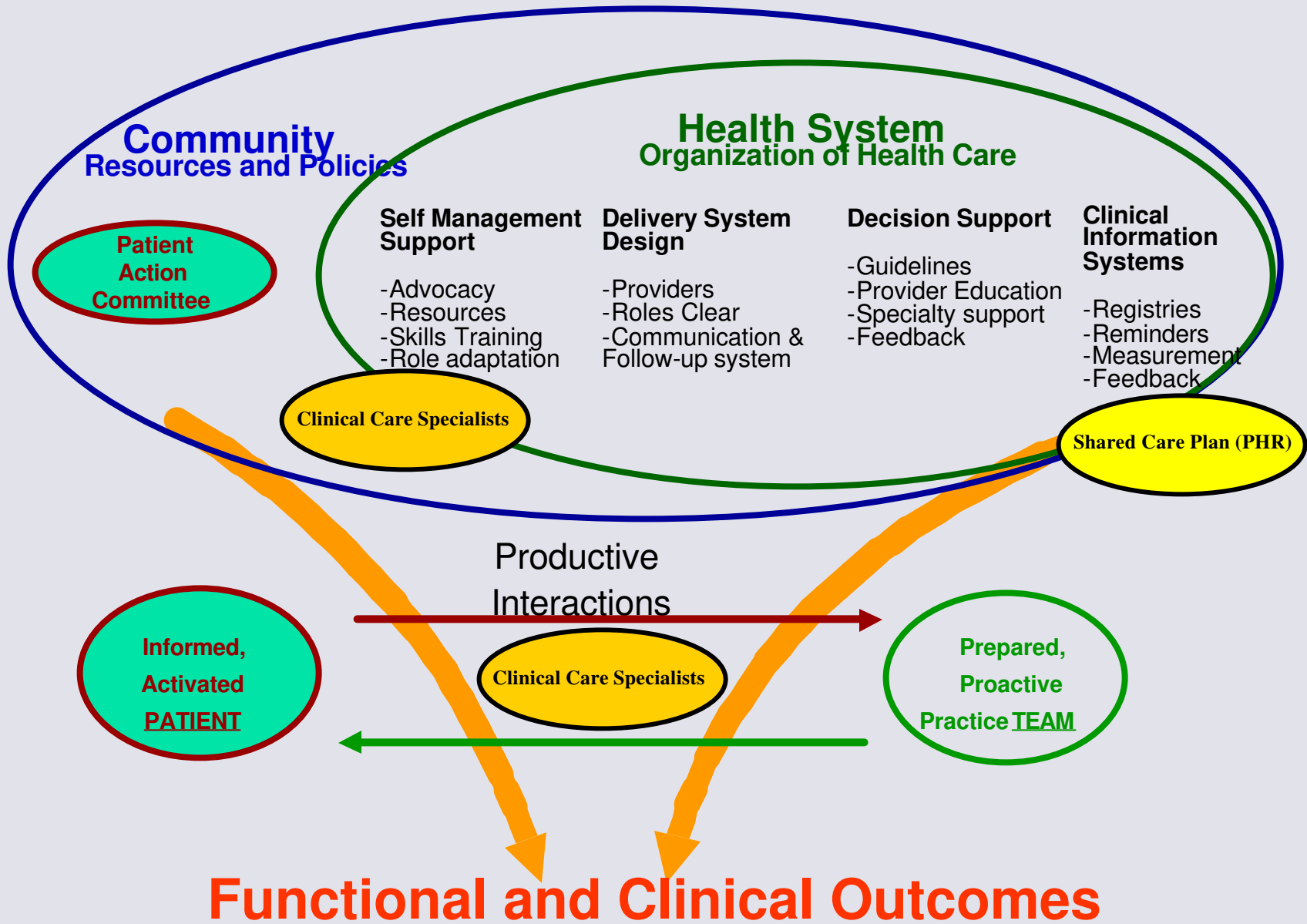


Functional and Clinical Outcomes

Connecting Americans to Their Health Care 2005

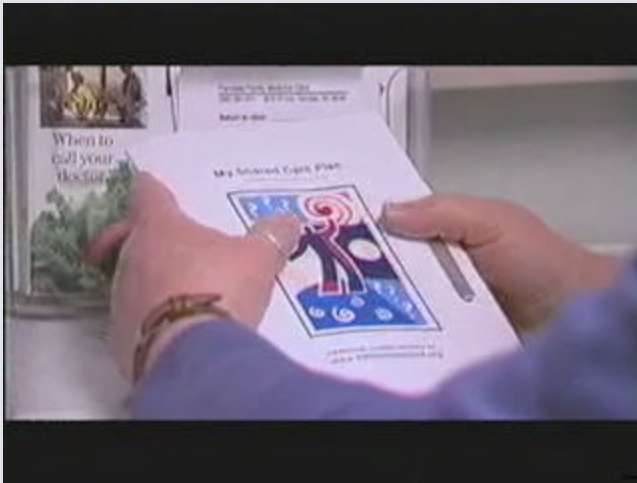
Overview of the Chronic Care Model

Robert Wood Johnson Foundation/Sandy MacColl Institute



Information--or Partnering Conversations for New Behaviors

- The focus shifts
 - from EMR (organization specific business medical records)
 - to include PHR (personal health records)
 - Think more of conversation generating artifacts—
printed PAPER—than electronic databases



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Access Strategies, Inc.





*follow*Me

- **Subscribers store and access their health information including:**
 - **Medical conditions**
 - **Past surgical history**
 - **Hospitalizations**
 - **Medications**
 - **Allergies**
 - **Personal & Emergency contact info**
 - **Insurance information**
 - **Scans and images**
- **Other benefits include:**
 - **Encrypted email**
 - **Printable emergency card**
 - **Promotes continuity of care**
 - **Reduces duplication of services**
 - **Provides peace of mind**



800-300-4400

MEMBER LOGIN

USER NAME:

PASSWORD:



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- **Emergency card with photo ID**
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- **Includes member email account.**
- **Cost efficient; user-friendly system.**
- **Promotes continuity of care.**
- **Narrows the digital-divide.**



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